

LOUISIANA STATE BOARD OF PRACTICAL NURSE EXAMINERS  
3421 NORTH CAUSEWAY BOULEVARD, SUITE 505  
METAIRIE, LOUISIANA 70002-3715  
(504) 838-5791  
FAX (504) 838-5279  
www.lsbpne.com

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JUL 15 2013  
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**In the matter of:**     **Lisa Sagona**  
                              **32429 Dunn Rd.**  
                              **Denham Springs, LA 70726**

**License #240047**

**Date offered:**         **June 27, 2013**

**Date offer expires:**   **July 17, 2013**

### **CONSENT ORDER**

The Louisiana State Board of Practical Nurse Examiners does hereby offer this consent order to Lisa Sagona, license #240047 based on the following:

1. The board received information from Ochsner Medical Center Baton Rouge that the respondent was arrested on November 13, 2012, for calling in prescriptions for narcotics without physician approval. She was charged with CDS by misrepresentation, fraud, forgery, deception, or subterfuge. The charges were dismissed on March 28, 2013.
2. The respondent admitted in her statement to the board that she used bad judgment and called in prescriptions for Hydrocodone in her husband's name using Dr. McGrath as the prescribing physician. The respondent reported that she was admitted to Starlite Recovery Center on 12/3/12 and discharged on 1/2/13. She also indicated in her statement that she attends an Addiction Recovery Program.
3. According to the discharge summary from Starlite Recovery Center, the respondent was diagnosed with the following by Dr. Boyce Elliot:

Axis I:            Opioid Dependence  
Axis II:           No Diagnosis  
Axis III:          Deferred  
Axis IV:          Family, Employment, Financial, Legal  
Axis V:          Past Year GAF-35     Discharge GAF-55

She was referred to Townsend's IOP for aftercare.

  
Lisa Sagona

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Based on the evidence submitted, the board has concluded that Ms. Sagona is in violation of the following provisions of Louisiana Revised Statutes, Title 37, Chapter 11. Nurses, Part II. Practical Nurses, **Section 969 A. 4. (b) is guilty of a crime; (c) is unfit, or incompetent by reason of negligence habit, or other causes; (d) is habitually intemperate or is addicted to the use of habit forming drugs; (f) is guilty of unprofessional conduct; (g) has violated any provision of this part and §978 A. (8).**

As further defined in the Louisiana Administrative Code, Title 46, Part XLVII. Nurses, Subpart 1, Practical Nurses, Section 306, T.

- 2. **being guilty of a crime;**
- 3. **being unfit, or incompetent by reason of negligence, habit or other causes;**
- 4. **being habitually intemperate or addicted to the use of habit-forming drugs;**
- 8. **being guilty of unprofessional conduct;**
  - a. **failure to practice practical nursing in accordance with the standards normally expected;**
  - g. **improper use of drugs, medical supplies, or patients' records;**
  - h. **misappropriating personal items of an individual or the agency;**
  - i. **falsifying records;**
  - n. **being convicted of a crime or offense which reflects the inability of the nurse to practice practical nursing with due regard for the health and safety of clients or patients or enters a plea of guilty or nolo contendere to a criminal charge regardless of final disposition of the criminal proceeding including, but not limited to, expungement or nonadjudication or pardon;**
  - p. **inappropriate, incomplete or improper documentation;**
  - q. **using or being under the influence of alcohol, while on duty, and/or while making application for employment, or using or being under the influence of drugs which impair judgment while on duty, or using or being under the influence of illegal drugs whether on or off duty;**
  - r. **possess a physical or psychological impairment which interferes with the judgment, skills or abilities required for the practice of practical nursing;**
  - t. **violating any provisions of R.S. 37:961 et seq. (the practical nursing practice act), as amended or aiding or abetting therein.**

  
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In lieu of a formal hearing in the matter, the respondent consents to accept and abide by the following orders of the board:

A. That the respondent's license be placed on probation for a period of **two (2) years** with the following stipulations:

1. **License:**

The license of the respondent will be stamped "PROBATION".

2. **Fines/Fees:**

A. The respondent is hereby fined \$250.00, **payable by cashier's check or money order only**, for the violations detailed in the Conclusions of Law, and payable within thirty (30) days of the acceptance of this agreement.

B. The respondent is to submit a \$500.00 annual probation monitoring fee, **payable by cashier's check or money order only**.

- i. Due within three (3) months of receiving a probated license, and annually thereafter until the probation is satisfactorily completed
- ii. Failure to pay this fee in the time allotted will result in the immediate suspension of the respondent's practical nursing license.

3. **Employment:**

A. The respondent must provide a copy of the entire board order/consent order to include the Findings of Facts and Conclusions of Law immediately to any/all current employer(s) and at the time of application to any/all prospective employer(s).

- i. If the respondent is already employed as an LPN, then the current employer must submit the Letter of Hire to the board office within ten (10) days of the date of the board order/consent order.
- ii. Upon obtaining new employment as an LPN, the respondent must have the prospective employer submit the Letter of Hire to the board office within ten (10) days of the date of hire.

  
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- B. All current and prospective employers must agree to monitor the respondent while on probation.
- C. Probation will run concurrent with employment as an LPN.
- D. The respondent must be employed a minimum of 80 hours per month.
- E. The respondent shall notify the board, in writing, within ten (10) days of any change in personal address, telephone number, or employment. Changes in employment include accepting a new job, as well as resignation, or termination.
- F. The probationary period will not commence or progress until and unless the respondent is employed and delivering direct patient care as a licensed practical nurse.
- G. Failure to maintain stable employment may be grounds for termination of probation.
- H. The respondent must practice under the supervision of a nurse (RN or LPN whose license is unencumbered) or physician and must provide direct patient care as follows:
  - i. The respondent must be supervised on a regular and consistent basis by his/her assigned supervisor. The supervisor must observe and work closely enough with the respondent to be able to give an informed evaluation of the respondent. The employer must be willing to allow this supervision and provide opportunities for the same supervisor to evaluate the performance of the respondent.
  - ii. It is the respondent's responsibility to ensure that his/her supervisor submits the evaluation reports quarterly.
    - a. Reports are due on or before the 10<sup>th</sup> day of January, April, July, and October of each year. (Note: these forms will be provided to the employer by the board)
    - b. Only the respondent's supervisor may complete the evaluations according to the observations made during the supervision.

  
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I. The respondent is prohibited from working in temporary staffing, as an agency nurse, for a nursing pool and/or in the home health setting, or in any other similar setting including but not limited to working in a teaching capacity, as a travel nurse and/or on an "as needed" basis - PRN.

4. **Notify Board of Change of Address/Telephone Number/Employment:**

A. The respondent shall notify the board, in writing, within ten (10) days of any change in personal address, telephone number, or employment. Changes in employment include accepting a new job, as well as resignation, or termination.

5. **Select One Primary Pharmacy:**

A. The respondent must notify the board of the name, address, and telephone number of his/her selected pharmacy within ten (10) days of the date of the board order. If the respondent acquires a new pharmacy, written notification must be received within ten (10) days of the first use. This is required regardless of whether the respondent is employed in nursing.

6. **Abstain from Unauthorized Drug Use and Controlled/Abuse Potential Substances (including alcohol):**

- A. The respondent must abstain at all times from the use of controlled or abuse potential substances, including alcohol, and illegal drugs as defined by law, except as prescribed by a licensed practitioner from whom he/she seeks medical attention.
- B. In the event the respondent obtains a prescription from a licensed practitioner for any controlled/abuse potential substance, the **respondent shall submit a copy of the prescription to the board within 48 hours.** The prescription must be for a current condition. The respondent must not arbitrarily take medications prescribed for a past illness or take a prescription that is prescribed for another person. The respondent shall also have his/her prescribing provider notify the board in writing within ten days of the provider's issuance of the prescription. The board at any time may request the practitioner to document the continued need for the prescribed medication(s).
- C. If the respondent obtains prescription(s) from more than one prescriber, he/she must inform each physician of any/all medication being prescribed. The prescriber(s) must submit a letter to the board indicating that they are aware that

  
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the respondent is being medicated by other providers.

- D. The respondent, if enrolled in aftercare, must inform the aftercare counselor of any/all prescriptions, and the aftercare counselor must submit a letter to the board within ten (10) days of the prescription date indicating that they are aware of any/all prescriptions.

The respondent shall NOT consume hemp, poppy seeds, or any product or by-product containing the same.

- E. The respondent's licensed practitioner(s) must complete the board's **Controlled Medication/Abuse Potential Substance(s) form** for controlled medication(s)/abuse potential substances, and submit it within **ten (10) days** of the date of the prescription **directly** to the board office. The form must come from the provider to the board office by mail. **It may not pass through the respondent's hands; it may not be sent by facsimile.**
- F. The controlled medication/abuse potential substance form must contain a record of all health care providers treating the respondent along with the condition(s) being treated and prescription(s) ordered for listed condition(s).
- G. The prescribing provider must acknowledge in writing and by documenting on the controlled medication form that said provider has knowledge of the respondent's dependency and/or use of controlled or abuse potential substances. The provider must identify the medication, dosage, and the date the medication was prescribed.
- H. No medications from a prescription over six (6) months old should be taken without an updated prescription verification. Using prescribed medication(s) over six (6) months old without an updated verification is grounds for further disciplinary action as stated in this order.
- I. If prescription drugs are refilled, the board must also have a letter from the prescribing practitioner attesting to the continued need for the medication(s) and the controlled medication/abuse potential substance form must be updated every six (6) months. The form is required to be re-submitted to the board at that time.

Failure to follow these procedures when obtaining a prescription may be grounds for further disciplinary action as stated in this order.

  
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7. **Enroll in a Drug Screening Program:**

- A. If the respondent is not already registered with a drug testing firm, the respondent shall within ten (10) days of the date of this order, register with a drug screening firm selected by the board. Drug screens will begin immediately upon registration with the drug screening firm.
- B. It is the responsibility of the respondent to ensure that he/she has properly registered with the drug screening firm selected by the board.
- C. The respondent shall submit to and pay for random drug and/or alcohol screens. The random testing shall be done at a minimum of once per month but may be required more frequently as requested by the board. The board may at any time request additional testing, including but not limited to, hair and/or blood samples.
- D. Occurrence of any of the following conditions constitutes noncompliance with the board order: failure to register with the selected firm within ten (10) days of the date of this order; a positive drug screen; failure to call the testing firm daily; failure to submit a specimen on the date selected for screening; refusal to furnish a specimen; submission of a specimen where the integrity has been compromised, as indicated by the presence of adulterants or submission of a sample that is below acceptable volume or temperature to be tested; failure to follow requested procedure in obtaining a specimen.
- E. Drug screen results indicating an abnormal/dilute specimen, or a result indicating a low specific gravity with low creatinine levels will be considered positive and non-compliant with board order and grounds for further disciplinary action as stated in this order.
- F. The respondent must listen to the entire message. Failing to listen to the entire message will be considered non-compliant with this order and grounds for further disciplinary action as stated in this order.
- G. Failure to properly fill out or maintain a proper chain of custody form in any way that is not accepted by the drug testing facility will be considered positive and non-compliant with the board order and grounds for further disciplinary action as stated in this order.

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H. The respondent shall adhere to all guidelines set forth by the board and the drug screening firm. The drug screening firm will report any/all violations of their guidelines, policies and procedures to the board.

8. **Participate in any and all Treatment/Aftercare Programs as prescribed:**

- A. If the respondent is not already enrolled and participating in a treatment/aftercare program, the respondent shall within ten (10) days of the date of this order, enroll and participate in board approved treatment/aftercare programs as prescribed or recommended by the chemical addiction/mental health evaluator.
- B. The respondent shall have the aftercare counselor submit to the board office proof of the respondent's entry into an appropriate facility, inpatient program, outpatient program, halfway house, residential long-term treatment, and/or a combination thereof.
- C. The respondent shall execute the release of information forms to allow the treatment facility/center/counselor/practitioner of record to communicate with and supply information to the board.
- D. The respondent must submit evidence of **continued compliance with treatment plan/counseling**, if applicable. Treatment/aftercare compliance must be maintained throughout the probation period.
- E. The respondent shall cause the aftercare counselor to submit quarterly to the board office progress reports indicating compliance with treatment recommendations. Reports are due on or before the 10<sup>th</sup> day of January, April, July, and October of each year until treatment is deemed complete.
- F. Upon completion of the treatment/aftercare program(s), the respondent shall also have the aftercare counselor provide the board with documentation indicating the respondent's successful completion of the program.

9. That the fine for violating the Nurse Practice Act be waived as long as the stipulations of this order are in force and in good standing.

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Furthermore, the respondent is hereby notified and by signature Lisa Sagona acknowledges and agrees that failure to comply with the orders of the board may result in any or all of the following:

**Violations**

- a) immediate suspension of license, b) indefinite suspension of license, c) ineligibility for annual renewal of license, d) additional fines/penalties up to \$500.00 per occurrence, e) increased probationary period, f) summary suspension and g) revocation.

**FAILURE TO COMPLY WITH ANY SECTION OF THIS ORDER RELATED TO DRUG SCREENS, TREATMENT PLANS, AND/OR REGARDING ABUSE POTENTIAL PRESCRIPTION and/or ILLEGAL DRUGS MAY RESULT IN SUSPENSION OF UP TO A FOUR (4) YEAR PERIOD WITHOUT A HEARING BEFORE THE BOARD.** During the period of suspension, if related to substance abuse, appropriate consistent treatment must be obtained, and the respondent must show evidence of two (2) consecutive years of being drug/alcohol free immediately prior to the respondent's initiation of a reinstatement request. If during the two (2) consecutive years of sobriety the respondent relapses, the two (2) consecutive years of sobriety will re-start on the date of the relapse occurrence, provided that the respondent is in treatment.

**Public Records**

This order is public record. All disciplinary actions of the board will be reported to all required data banks and agencies as required by law.

Lisa Sagona  
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### CONSENT ORDER ACCEPTANCE

I, Lisa Sagona, the undersigned respondent, agree that the board has jurisdiction over the matter and specifically waive my right to contest these findings in any subsequent proceedings before the board. I understand that the consent agreement/ order shall constitute as public record and is disciplinary action by the board.

I further acknowledge and attest that I have fully cooperated with the Louisiana State Board of Practical Nurse Examiners in resolving this matter, and intend to comply with all stipulations of the order.

I voluntarily agree to sign and have witnessed the terms of the order for the purpose of avoiding a formal hearing with the Louisiana State Board of Practical Nurse Examiners.

I do say that I freely, knowingly and voluntarily enter into the order. I understand that I have a right to a hearing in the matter and I freely waive such right. I understand that I have a right to legal counsel prior to entering into the order.

I understand that the order is effective immediately upon signature of the executive director and will become an order of the board. It is understood that the order does not preclude the Board of Practical Nurse Examiners from requiring a formal hearing of my case. I further understand that should the consent order not be accepted by the board, I agree that presentation to and consideration of the consent order, the documenting evidence and information by the board shall not unfairly or illegally prejudice the board or any of its members from participation in hearings or other proceedings pertaining to these or other matters regarding the respondent.

Signature of licensee Lisa Sagona  
Date 7/11/2013

Signature of witness # 1 James D Sagona  
Date July 11, 2013

Signature of witness # 2 [Signature]  
Date 7/11/2013

M. Lynn Ansardi R N 7/16/13  
M. LYNN ANSARDI Date  
EXECUTIVE DIRECTOR

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Lisa Sagona